

Choices

The BLESS Prayer -- While Prayer Walking, if you have the opportunity to introduce yourself to someone in your neighborhood, tell them you are out praying for the neighborhood. Ask them if you can pray for them. If they say yes, you can use this as a simple way to pray.

Body -- pray for them for any health concerns or continued good health (how timely)

Labor -- pray that God will provide through their jobs and if they don't have a job that God will move in their life for continued provision

Emotional -- Pray for their mental state and that they would not be consumed by the fear that surrounds all of us.

Social -- Pray for the relationships in their life (family, friends, etc.)

Spiritual -- Pray that the individual will truly sense that they are loved and matter and that a Greater Love exists only through Jesus